**UBRFC Training Times**

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|  | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
| 1st XV | Coombe Dingle  4G  7-8:30pm | Coombe Dingle  Lower Astro  6-7pm | MATCH DAY | Bristol SU  Swimming pool  12-2 | Coombe Dingle  4G  8-9pm | REST DAY | Coombe Dingle  4G  2:30-4pm |
| 2nd XV |
| 3rd XV/Fresh 1s |
| 4th XV | Coombe Dingle  Grass training  7- 8pm | Coombe Dingle  Grass training  6-7pm | N/A | Coombe Dingle  Grass training  7-8pm | N/A |
| Fresh 2s |

